## JUNE 2016 Sentor meals on wheels

<u>News</u> HAPPY BIRTHDAY TO OUR CLIENTS BORN IN JUNE. BIRTHDAY CAKE ON THE 2<sup>ND</sup>.

IF YOU WON'T BE HOME TO RECEIVE YOUR MEAL PLEASE CALL 248-689-0001

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Enter Text Here	Enter Text Here	1 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕咾肉 WHITE ROLL FRESH FRUIT MARGARINE MILK JELLO	<sup>2</sup> NO LUNCH	3 Steamed White Rice Tofu: 百花豆腐 Chicken: 三杯鸡 WHEATE ROLL COLESLAW FRESH FRUIT MARGARINE MILK
6 Steamed White Rice Potato: 清妙土豆丝 Fish: 红烧侧鱼 FRESH FRUIT RYE BREAD MARGARINE MILK	7 NO LUNCH	8 Steamed White Rice Zucchni: 虾皮雪里红 Chicken: 广东鸡 WHITE ROLL FRESH FRUIT FRESH FRUIT FRESH SALAD JELLO MILK	9 NO LUNCH	<sup>10</sup> NO LUNCH
13 Steamed White Rice Tomato: 西红柿鸡蛋 Pork: 糖醋里脊 WHEAT BREAD (2) FRESH FRUIT MILK	<sup>14</sup> NO LUNCH	15 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 FRUIT FRUIT HAMBURGER BUN COLESLAW MILK	<sup>16</sup> NO LUNCH	17 Steamed White Rice Mushroom: 香菇青江菜 Pork: 五香卤肉 HAMBURGER BUN FRESH FRUIT MILK JELLO
20 Steamed White Rice Eggplant: 鱼香茄子 Chicken: 宫保鸡片 WHEAT BREAD FRESH FRUIT MILK	<sup>21</sup> NO LUNCH	22 Steamed White Rice Vegetables: 木须蔬菜 Chicken: 白切鸡 WHEAT ROLL FRESH FRUIT MARGARINE MILK	<sup>23</sup> NO LUNCH	24 Steamed White Rice Vegetables: 蚝油广东芥兰 Fish: 豆腐鱼片 HAMBURGER BUN FRESH FRUIT MARGARINE MILK
27 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 WHITE ROLL FRESH FRUIT FRESH SALAD MARGARINE MILK	28 NO LUNCH	29 Steamed White Rice Tofu: 富贵豆腐 Fish: 椒盐带鱼 FRUIT FRUIT WHITE BREAD MARGARINE MILK	<sup>30</sup> NO LUNCH	Enter Text Here

Enter Other Information Here