



APRIL | 2017

SENIOR MEALS ON WHEELS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|----------------------------------|---|---------------------------|--|
| 3 Eggplant: 泡菜茄子 Pork: 回锅肉 RYE BREAD MILK | 4 NO LUNCH MILK | 5 Bok Choy: 香菇青江菜 Fish: 香煎带鱼 RYE BREAD MILK | 6 NO LUNCH | 7 Zucchini: 虾皮雪里丝 Chicken: 宫保鸡片 CHIPS CHOCOLATE CHIP COOKIE MILK MUSTARD |
| 10 Eggplant: 鱼香茄子 Pork: 咕佬肉 FRUIT JUICE WHITE ROLL MARGARINE MILK | 11 NO LUNCH | 12 Potato: 青炒土豆丝 Chicken: 三杯鸡 RAISIN BREAD FRUIT JUICE MARGARINE MILK | 13 NO LUNCH | 14 NO LUNCH GOOD FRIDAY |
| 17 Beans: 干扁四季豆 Fish: 椒盐带鱼 WHEAT ROLL FRESH FRUIT MARGARINE MILK | 18 NO LUNCH | 19 Mushroom: 香菇时菜 Pork: 五香卤肉 FRUIT COBBLER SPINACH SALAD MILK | 20 NO LUNCH | 21 Beans: 干扁四季豆 Pork: 回锅肉 FRESH FRUIT COLESLAW MARGARINE MILK |
| 24 Vegetables: 木须蔬菜 Chicken: 白切鸡 WHITE ROLL FRESH FRUIT MARGARINE MILK | 25 NO LUNCH | 26 Eggplant: 风沙茄子 Prawns: 油爆大虾 | 27 NO LUNCH | 28 Vegetables: 蠔油广东芥兰 Fish: 红烧侧鱼 COLE SLAW FRESH FRUIT MILK |

News

**HAPPY BIRTHDAY
TO OUR CLIENTS
BORN IN APRIL.
BIRTHDAY CAKE ON
THE 6TH.**

**IF YOU WON'T BE
HOME TO
RECEIVE YOUR
MEAL PLEASE
CALL
248-689-0001**