

October 2013



EMERALD FOOD SERVICE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 CHICKEN & NOODLES CALIF. BLEND VEG APPLES WHEAT ROLL MILK	2 Eggplant: 鱼香茄子 Chicken: 三杯鸡 FRUIT WHITE ROLL	3 HAMBURGER STROGANOFF EGG NOODLES GREEN BEANS WHEAT ROLL FRESH FRUIT BIRTHDAY CAKE MILK	4 BREADED FISH STEAK FRIES PEAS AND CARROTS GRAPE TOMATOES HAMBURGER BUN MARGARINE MILK
7 Chinese: Rice Vegetables: 木须蔬菜 Chicken: 白切鸡 FRESH FRUIT WHEAT BREAD MILK	8 GINGER BBQ CHICKEN MASHED POTATOES BROCCOLI BANANA WHITE ROLL MARGARINE MILK	9 Chinese: Rice Tofu: 百花豆付 Pork: 五香卤肉 WHEAT BREAD MARGARINE MILK	10 VEET AND SOUR CHICKEN WHITE RICE VEGETABLE MEDLEY FRUIT WHEAT BREAD COOKIE MILK	11 CHILI MACARONI PEAS AND CARROTS FRESH FRUIT WHITE ROLL MARGARINE MILK
14 EFS CLOSED HAPPY COLUMBUS DAY	15 USAGE & SAUERKRAUT POTATO WEDGES PEAS FRUIT JUICE WHITE BREAD MARGARINE MILK Enter Text Here	16 Chinese: Rice Green Beans: 干扁四季豆 Fish: 椒盐带鱼 FRESH FRUIT PUMPERNICKLE BREAD MILK	17 OVEN FRIED CHICKEN BREAST MASHED POTATOES VEGETABLE BLEND PINEAPPLE CHUNKS WHITE ROLL MILK	18 LEMON BAKED FISH BROWN RICE BROCCOLI FRESH FRUIT WHEAT ROLL MARGARINE MILK
21 Chinese: Rice Eggplant: 泡菜茄子 Pork: 回锅肉 APPLE WHEAT BREAD MILK	22 SLOPPY JOES STEAK FRIES MARINATED CARROTS FRESH FRUIT HAMBURGER BUN MILK	23 Chinese: Rice Vegetables: 蠔油广东芥兰 Prawns: 油爆大虾 APPLE JUICE WHITE BREAD MILK	24 CHEFS SELECTION	25 ALL BEEF HOT DOG ROAST POTATOES PEAS AND CARROTS FRESH FRUIT HOT DOG BUN MUSTARD MILK
28 Chinese Meal: WHITE RICE ZUCCHINI: 虾皮雪里丝 CHICKEN: 宫保鸡片 WHITE ROLL MARGARINE MILK	29 LEMON PEPPER CHICKEN BAKED SWEET POTATO ½ GREEN PEAS FRUIT WHEAT BREAD MILK	30 Vegetables: 木须蔬菜 Chicken: 白切鸡 APPLE WHEAT ROLL	31 MEATLOAF RED BLISS POTATOES CORN FRESH FRUIT WHEAT BREAD MARGARINE MILK	Enter Text Here



News

HAPPY BIRTHDAY
TO OUR CLIENTS
BORN IN OCTOBER
BIRTHDAY CAKE
ON THE 3RD

IF YOU WON'T BE
HOME TO RECEIVE
A MEAL PLEASE
CALL 248-689-0001