

# Caring for the Caregivers Workshop

照護者身心靈健康 & 自我簡易保健按摩 講座

- mental and physical caring for the caregivers

Date 日期: 09/25/2014 星期四

Time 時間: 10:00a.m. - 12:00p.m.

Location: 4750 Woodward Ave., Suite 212, Detroit, MI 48201

Speaker 講員 (普通話+粵語翻譯 Mandarin with Cantonese translation)

Mae Chi Chue 宋梅琦 (心理咨商師)

Jianxia Jiao 焦劍俠 (擁有國內按摩執照)

長期照護身心病患或是幼兒，您是否感覺疲倦？

密西根美華協會 Association of Chinese Americans, Inc.

Tel: 313-831-1790. Free of charge. Lunch and refreshments provided.

Pre-registration required. 講座免費. 有點心中餐. 請事先報名。

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