



September 2014

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EMERALD FOOD SERVICE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 EFS CLOSED HAPPY LABOR DAY NO LUNCH	2 NO LUNCH	3 Bok Choy: 香菇青江菜 Fish: 香煎带鱼 WHEAT ROLL FRUIT JUICE MARGARINE MILK	4 NO LUNCH	5 Zucchini: 虾皮雪里丝 Chicken: 宫保鸡片 FRUIT JUICE WHITE ROLL MARGARINE MILK
8 GreenBeans干扁四季豆 Fish: 椒盐带鱼 FRUIT JUICE WHITE ROLL MARGARINE MILK	9 NO LUNCH	10 Potato: 青炒土豆丝 Pork: 咕啫肉 FRUIT JUICE, MILK RYE BREAD MARGARINE	11 NO LUNCH	12 Bok Choy: 香菇青江菜 Chicken: 广东鸡 WHEAT ROLL FRESH FRUIT MILK BROWNIE
15 Vegetables: 蠔油广东芥兰 Prawns: 油爆大虾 WHITE ROLL FRESH FRUIT MILK, COOKIE	16 NO LUNCH	17 Eggplant: 鱼香茄子 Chicken: 三杯鸡 WHEAT Bread FRESH FRUIT MARGARINE, MILK	18 NO LUNCH	19 Mushroom: 香菇时菜 Pork: 五香卤肉 FRESH FRUIT WHEAT ROLL MARGARINE MILK
22 Eggplant: 泡菜茄子 Pork: 回锅肉 HAMBURGER BUN FRUIT JUICE MILK	23 NO LUNCH	24 Vegetables: 木须蔬菜 Chicken: 白切鸡 FRESH FRUIT WHEAT BREAD MARGARINE MILK	25 NO LUNCH	26 Eggplant: 风沙茄子 Fish: 红烧侧鱼 HAMBURGER BUN KETCHUP & MUSTARD MILK
29 Green Beans: 干扁四季豆 Pork: 回锅肉 FRESH FRUIT, MILK KETCHUP/MUSTARD	30 NO LUNCH			



News

HAPPY BIRTHDAY TO OUR CLIENTS BORN IN SEPTEMBER. BIRTHDAY CAKE ON THE 5TH.

IF YOU WON'T BE HOME TO RECEIVE YOUR MEAL PLEASE CALL 248-689-0001