

Association of Chinese Americans, Inc. 密西根美華協會



Proudly announces

## ***Northern Shaolin Kung Fu Class***

**The Northern Shaolin style of kung fu is one of the most prominent traditional northern styles of Chinese martial arts. The northern styles of kung-fu generally emphasize long range techniques, quick advances and retreats, wide stances, kicking and leaping techniques, whirling circular blocks, quickness, agility, and aggressive attacks.**

### **Instructor: Vincent Le**

Vincent Le was born in Torrance, CA in 1987. He began his martial studies at the age of 7 under Master Duke Cheng, who was well versed in the styles of Northern Shaolin and Praying Mantis. With that foundation, he went on to study with the following masters and learned their respective styles: Master Jason Tsou- Ba Ji Quan, Yang Style Tai Ji Quan, Master Landon Godsey III- Hung Ga Kuen, Master David Cox- Lama Fist, Master Khoa Pham- Wing Chun Kuen.

Aside from martial arts, Vincent Le has had a passion for medicine. He graduated with a Bachelor of Science in Psychobiology from University of California, Los Angeles in 2005. He then went to Drexel University in Philadelphia, PA to receive a Master of Medical Science degree in 2007. Currently, he is a 3<sup>rd</sup> year medical student at Lake Erie College of Osteopathic Medicine in Erie, PA and is here in Michigan rotating at local hospitals.

**Starting 3/8/2014 till 5/31/2014**  
***(Free opening class on 3/8/2014, Saturday)***

**Time: 10:00 am-11:30 am (Saturday or Sunday )**

**Location: Chinese Community Center  
32585 Concord Dr., Madison Heights, MI 48071**

**Fee: Non ACA Member \$60/ACA Member \$55  
(One class per week, discount rate for additional  
2<sup>nd</sup> class of the same week)**

**Classes will be conducted in English with limited  
Mandarin translation**

**Registration: Please call 248.585.9343/313.831.1790**

**Age limit: at least 10 years old children to active adults**

