

# May 2015

## SENIOR MEALS ON WHEELS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p><b>1</b> Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕啫肉 FRUIT JUICE PUMPERNICKEL BREAD MARGARINE MILK FRUIT JELLO</p>
<p><b>4</b> Steamed White Rice Tofu: 百花豆腐 Chicken: 三杯鸡 WHEAT ROLL FRUIT JUICE MARGARINE MILK COOKIE</p>	<p><b>5</b> NO LUNCH</p>	<p><b>6</b> Steamed White Rice Potato: 清炒土豆丝 Fish: 红烧侧鱼 FRUIT JUICE RYE BREAD SOUR CREAM MARGARINE</p>	<p><b>7</b> NO LUNCH</p>	<p><b>8</b> Steamed White Rice Tomato: 西红柿鸡蛋 Pork: 糖醋里脊 RAISIN BREAD PINEAPPLE MILK</p>
<p><b>11</b> Steamed White Rice Mushroom: 香菇青江菜 Pork: 五香卤肉 WHEAT BREAD MARGARINE MILK</p>	<p><b>12</b> NO LUNCH</p>	<p><b>13</b> Steamed White Rice Zucchini: 虾皮雪里红 Chicken: 广东鸡 FRESH FRUIT MARGARINE MILK SALAD</p>	<p><b>14</b> NO LUNCH</p>	<p><b>15</b> Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 WHEAT ROLL FRUIT JUICE MARGARINE MILK</p>
<p><b>18</b> Steamed White Rice Eggplant: 鱼香茄子 Chicken: 宫保鸡片 WHEAT ROLL MARGARINE MILK</p>	<p><b>19</b> NO LUNCH</p>	<p><b>20</b> Steamed White Rice Tofu: 富贵豆腐 Fish: 椒盐带鱼 FRESH FRUIT SOUR CREAM MILK</p>	<p><b>21</b> NO LUNCH</p>	<p><b>22</b> Steamed White Rice Vegetables: 蚝油广东芥兰 Fish: 豆腐鱼片 HAMBURGER BUN KETCHUP/MUSTARD/RELISH MILK COLE SLAW</p>
<p><b>25</b> SMOV CLOSED HAPPY MEMORIAL DAY</p>	<p><b>26</b> NO LUNCH</p>	<p><b>27</b> Steamed White Rice Vegetables: 木须蔬菜 Chicken: 白切鸡 FRESH FRUIT WHITE BREAD MARGARINE MILK</p>	<p><b>28</b> NO LUNCH</p>	<p><b>29</b> Steamed White Rice Vegetables: 蚝油广东芥兰 Fish: 豆腐鱼片 RANCH DRESSING MARGARINE MILK BROWNIE</p>

### News

**HAPPY BIRTHDAY TO OUR CLIENTS BORN IN MAY. BIRTHDAY CAKE ON THE 7<sup>TH</sup> .**

**IF YOU WON'T BE HOME TO RECEIVE YOUR MEAL PLEASE CALL 248-689-0001**

