

June 2015

SENIOR MEALS ON WHEELS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕啫肉 RAISIN BREAD FRESH FRUIT MILK MARGARINE</p>	<p>2 NO LUNCH</p>	<p>3 Steamed White Rice Tofu: 百花豆腐 Chicken: 三杯鸡 FRESH SALAD MARGARINE MILK COOKIE</p>	<p>4 NO LUNCH</p>	<p>5 Steamed White Rice Potato: 清炒土豆丝 Fish: 红烧侧鱼 FRESH SALAD WHITE ROLL MARGARINE MILK, FRUIT JELLO</p>
<p>8 Steamed White Rice Zucchini: 虾皮雪里红 Chicken: 广东鸡 HAMBURGER BUN FRUIT JUICE KETCHUP/MUSTARD/RELISH MILK</p>	<p>9 NO LUNCH</p>	<p>10 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 HAMBURGER BUN COLE SLAW FRUIT JUICE MILK</p>	<p>11 NO LUNCH</p>	<p>12 Steamed White Rice Tomato: 西红柿鸡蛋 Pork: 糖醋里脊 WHEAT ROLL FRUIT JUICE MARGARINE MILK, BROWNIE</p>
<p>15 Steamed White Rice Tofu: 富贵豆腐 Fish: 椒盐带鱼 FRUIT JUICE WHEAT ROLL MARGARINE MILK</p>	<p>16 NO LUNCH</p>	<p>17 Steamed White Rice Mushroom: 香菇青江菜 Pork: 五香卤肉 WHITE ROLL FRESH FRUIT MARGARINE MILK, COOKIE</p>	<p>18 NO LUNCH</p>	<p>19 Steamed White Rice Eggplant: 鱼香茄子 Chicken: 宫保鸡片 WHITE ROLL FRESH FRUIT MARGARINE MILK</p>
<p>22 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕啫肉 FRUIT JUICE RYE BREAD SOUR CREAM MARGARINE</p>	<p>23 NO LUNCH</p>	<p>24 Steamed White Rice Vegetables: 木须蔬菜 Chicken: 白切鸡 FRESH FRUIT CORNBREAD MARGARINE MILK</p>	<p>25 NO LUNCH</p>	<p>26 Steamed White Rice Vegetables: 蚝油广东芥兰 Fish: 豆腐鱼片 FRESH FRUIT ROLL MILK, FRUIT JELLO</p>
<p>29 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 WHEAT ROLL FRUIT JUICE MARGARINE</p>	<p>30 NO LUNCH</p>			

News

**HAPPY BIRTHDAY
TO OUR CLIENTS
BORN IN JUNE.
BIRTHDAY CAKE
ON THE 4TH .**

**IF YOU WON'T BE
HOME TO
RECEIVE YOUR
MEAL PLEASE
CALL
248-689-0001**