## SENIOR MEALS ON WHEELS

	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY
News HAPPY BIRTHDAY TO OUR CLIENTS BORN IN AUGUST.	Steamed White Rice Potato: 清炒土豆丝 Fish: 红烧侧鱼 FRESH FRUIT BLACK BEAN SALAD TARTAR SAUCE MILK	NO LUNCH 7	5 Steamed White Rice Tofu: 百花豆腐 Chicken: 三杯鸡 WHEAT ROLL FRUIT JUICE FRESH SALAD MARGARINE MILK	<sup>4</sup> NO LUNCH	3 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕咾肉 FRUIT JUICE WHITE ROLL MARGARINE MILK COOKIE
BIRTHDAY CAKE ON THE 7 <sup>TH</sup> . IF YOU WON'T BE HOME TO	4 Steamed White Rice Tomato: 西红柿鸡蛋 Pork: 糖醋里脊 HAMBURGER BUN FRUIT JUICE MILK	<sup>1</sup> NO LUNCH 14	12 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 WHITE ROLL FRESH FRUIT MARGARINE MILK COOKIE	<sup>1</sup> NO LUNCH	Steamed White Rice Zucchni: 虾皮雪里红 Chicken: 广东鸡 HAMBURGER BUN COLE SLAW FRUIT JUICE MILK
RECEIVE YOUR MEAL PLEASE CALL 248-689-0001	1 Steamed White Rice Eggplant: 鱼香茄子 Chicken: 宫保鸡片 FRESH FRUIT CORNBREAD MARGARINE MILK	NO LUNCH 21	19 Steamed White Rice Mushroom: 香菇青江菜 Pork: 五香卤肉 POTATO CHIPS HAMBURGER BUN FRUIT JUICE COLESLAW MILK	<sup>1</sup> NO LUNCH	17 Steamed White Rice Tofu: 富贵豆腐 Fish: 椒盐带鱼 WHEAT ROLL FRESH FRUIT MARGARINE MILK COOKIE
	Steamed White Rice Vegetables: 木须蔬菜 Chicken: 白切鸡 WHEAT ROLL FRUIT JUICE MARGARINE MILK BROWNIE	<sup>2</sup> NO LUNCH <sup>28</sup>	26 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕咾肉 FRESH FRUIT FRESH SALAD CRANBERRY SAUCE MILK	<sup>2</sup> NO LUNCH	24 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 FRESH FRUIT WHEAT BREAD MARGARINE MILK
	Enter Text Here	Enter Text Here	Enter Text Here		31 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕咾肉 RAISIN BREAD FRESH FRUIT MILK MARGARINE