

DECEMBER 2015

SENIOR MEALS ON WHEELS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-----------------------|--|--------------------------------------|--|
| Enter Text Here | 1 NO LUNCH | 2 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕啫肉 HOT DOG BUN FRESH FRUIT CHIPS MUSTARD MILK | 3 NO LUNCH | 4 Steamed White Rice Tofu: 百花豆腐 Chicken: 三杯鸡 HAMBURGER BUN COLE SLAW FRESH FRUIT MILK |
| 7 Steamed White Rice Potato: 清炒土豆丝 Fish: 红烧侧鱼 FRESH FRUIT RYE BREAD SOUR CREAM MARGARINE | 8 NO LUNCH | 9 Steamed White Rice Zucchini: 虾皮雪里红 Chicken: 广东鸡 WHEAT ROLL FRUIT JUICE MARGARINE MILK | 10 NO LUNCH | 11 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 COLESLAW FRESH FRUIT HAMBURGER BUN MILK |
| 14 Steamed White Rice Tomato: 西红柿鸡蛋 Pork: 糖醋里脊 FRESH FRUIT MARGARINE MILK | 15 NO LUNCH | 16 Steamed White Rice Mushroom: 香菇青江菜 Pork: 五香卤肉 FRUITJUICE WHITE BREAD MARGARINE MILK | 17 NO LUNCH | 18 Steamed White Rice Eggplant: 鱼香茄子 Chicken: 宫保鸡片 WHEAT BREAD FRESH FRUIT MARGARINE MILK, COOKIE |
| 21 Steamed White Rice Green Bean: 干煸四季豆 Fish: 香煎带鱼 WHITE ROLL FRUIT JUICE MARGARINE MILK | 22 NO LUNCH | 23 Steamed White Rice Eggplant: 泡菜茄子 Pork: 咕啫肉 WHITE ROLL FRESH FRUIT MARGARINE MILK | 24 NO LUNCH | 25 NO LUNCH |
| 28 NO LUNCH | 29 NO LUNCH | 30 NO LUNCH | 31 SMOW CLOSED NO LUNCH | |

News
**HAPPY BIRTHDAY
 TO OUR CLIENTS
 BORN IN DECEMBER.
 BIRTHDAY CAKE ON
 THE 3rd .**

**IF YOU WON'T BE
 HOME TO
 RECEIVE YOUR
 MEAL PLEASE
 CALL
 248-689-0001**