The Association of Chinese Americans (ACA) held its first Healthy Gardening Fair at the Chinese Community Center on Saturday, August 26th.

Among the participants were Madison Heights Mayor Brian Hartwell, ACA President Roland Hwang, ACA Vice President Shenlin Chen, ACA Secretary Sue Sung, and ACA Board Director Charles Liu.

With growing public concern about eating healthy and preventing disease, urban gardening, personal gardening and living healthy lifestyles are becoming more popular. In light of this, ACA held its first Healthy Gardening Fair. Prof. Gen Sheng Wu (a tenured Professor at Wayne State University’s Department of Pathology) brought us an informational lecture on foods that help with cancer prevention. Mr. Hom, volunteer gardener for ACA, presented advice on horticultural and cultivation.

A few months ago, we began the winter melon contest. More than a dozen children received a winter melon seedling to plant and grow. The process was hard and fun. After several months of hard work, everyone had a fruitful harvest. Grace Liu's big melon won the first place prize of $50. Joseph Tie won the second place prize of $30.

There were also many volunteers who helped prepare the delicious food for charity sale.

Thanks to all the volunteers and all the friends who came in support of ACA’s Healthy Gardening Fair. In addition, we would like to thank Page Toyota and Honda for its strong support of this event.

See some photos from the fair below: