



## Healthy Food. Healthy Living

健康饮食，健康生活

Association of Chinese Americans

密西根美华协会

Balance Nutrition

Healthy Cooking

均衡营养

健康烹饪

Join Us

加入我们



Every Friday

Six Weeks

每周五

六周

Free

免费

日期Dates: April 28<sup>th</sup> to June 2<sup>nd</sup> , Every Friday 每周五

时间Time: 10: 30 am to 12 pm

地址Address: 46000 Summit Pkwy, Canton, MI 48188

报名Register: 313-831-1790