



# ANNUAL REPORT OF ACHIEVEMENTS

October 2017 – September 2018

September 2018



**ASSOCIATION OF CHINESE AMERICANS, INC.**

Detroit Chapter of the OCA-Asian Pacific American Advocates



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# 2018 Highlights

October 2017 – September 2018

## About Us

Association of Chinese Americans, Inc. (ACA) is dedicated to advancing the social, political and economic well-being of Asian Pacific Americans in the United States. ACA operates four service centers which provide services and programs on Language Education, Art and Culture, Preventive Mental Health Program, Senior Hot Lunch, Social and Immigration Services, Translation Services, Notary Public, Community Services, Senior Programs, Youth Programs, Adult Well-Being Programs, Facility Rental, Computer Training Classes, and Physical Fitness. The Service Centers are:

- Chinese Community Center
- Detroit Service Center
- Macomb County Center
- Canton Center

## Awards

ACA was honored to be approved as an Official Certifying Organization for the President's Volunteer Service Award (PVSA).

ACA was honored to receive 2018 Chapter Excellence Awards presented by OCA-Asian Pacific American Advocates at 2018 OCA National Convention:

- Programs & Projects: Second Place
- Membership: Second Place
- Chapter of the Year: Third Place

## Daily On-Site Services

ACA holds the following Daily On-Site Services across four service centers:

- Chinese-English translation and interpretation
- Counseling service for personal problems
- Consultation service for social work and health-related questions
- Recreational activities such as games, computer lab hours, TV viewing, newspaper and magazine reading
- Serving senior congregate meals five days a week

## Weekly Group Activities



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ACA holds the following Weekly Group Activities across four service centers:

- Tai Chi and light workout Class (popular weekly group activities)
- Computer Class (*popular weekly group activities*)
- Citizenship Class (*popular weekly group activities*)
- ESL Class (*popular weekly group activities*)
- Chinese Classes (*popular weekly group activities*)
- Volunteers Stanley Mosley teaches the ESL/Citizenship class on Tuesdays.
- Health screenings are provided on every Tuesday at noon.
- Tyler Ice and other medical students from APAMSA of Wayne State University School of Medicine come to our center to conduct weekly health screenings.

## Programs and Services Data

- Health Preventive Service Cases: 2772
- Recreation & Wellness Activities: 696
- Nutritious Hot Lunch Meals: 6875

ACA services cover Community Events and Activities, Preventive Care, Children and Youth, Social Services, Classes, and Senior Living

### Chinese Community Center

- Mental Health preventive service: 2002 people
- Social service: 502 cases 87 seniors
- Provided MMAP to 283 cases
- Affordable Care Act services: 281 individual/family & 55 enrollment cases
- Health workshops: 29 classes
- Health Screening: 170 people and Flu Shot: 30 people
- \*Recreation & wellness activities: 292 Classes
- Hot lunch: Provided 2644 meals to 136 people
- Comcast Class: 87 students graduated; our seventh year and currently have 14 students
- School field trips: 11 schools; 359 students (Middle & High school)
- ESL/Computer Students: 96 (Medical ESL, Mai Family ESL & Citizenship)
- Holiday Events: 5

### Detroit Center

- Mental Health preventive service: 770 people
- Provided MMAP to 67 cases
- Health Screening: 130 people
- DAAA 1A Senior Outreach: 300
- Seminars for caregiver and outreach: 6
- Hot lunch: 3871 meals to 770 people, 706 seniors
- ESL: 48 classes and 22 students and
- Holiday Events: 5



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## Canton Center

- Seminars numbers: 28
- Holiday events: 7
- Served people through the weekly program: 1250
- Unduplicated served people: 88
- Hot lunch: 360 meals
- ESL: 48 classes and 12 students

## Macomb Senior Center

- Social services: 50 only for seniors
- Provided MMAP: 92 cases
- Home injury control program: 9 cases
- Unduplicated served people: 108
- Total outreach presentations: 4

## Volunteers served this year

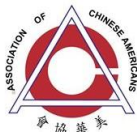
- Over 200 volunteers, including summer camp and community events
- In-kind donation: over 3,000 hours
- President's Volunteer Service Award to 4 gold, 3 silver and 4 bronze

## \*Recreation & wellness activities: 250 total People/week, 17 activities/week and 696 total activities

- Ping-pong: 180 total sessions; 2,250 total people
- Chinese kung-fu for health: 20 total classes; 400 total people
- Taiji: 135 total classes; 225 total people
- Senior club choir: 65 total sessions; 1,400 total people
- Senior club dance: 48 total classes; 400 total people
- Onliang (Cantonese music group): 45 total sessions; 750 total people
- Line dance: 90 total classes; 1,100 total people
- Ballroom dance: 68 total classes; 270 total people
- Senior ballroom: 45 total classes; 800 total people

## ACA major events FY 1718

- 45th Anniversary Banquet
- The 7th Chinese Cooking Contest
- Volunteer Appreciation Lunch
- ACA General Membership Meeting
- 34th ACA High Achievement Awards Banquet
- APIA Youth Leadership Training
- Chinese New Year Open House
- Chinese New Year Party
- Chinese New Year Banquet
- Lantern Festival
- Lecture: Imperial Kiln Porcelain of the Ming Dynasty
- Lecture: The Art of Chinese Folk Pottery



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- Comcast Care Day
- 12 days Taiwan Spring outing
- 3 days Ohio Mother's Day outing
- Art Exhibition
- Madison Heights Memorial Parade
- Canton Cultural Summer Camp
- Canton Family Fun Day
- Healthy Gardening Fair
- APA U Leadership Training
- Voter Registration Day- 41 new voters registered.
- B3 Leadership Training
- Tobacco Town Hall Meeting
- 8 days Caribbean cruise Fall outing

### Major Events and Activities

ACA holds the following events across four service centers throughout the year:

#### 2017

##### **October 14: B3 Leadership Summit**

ACA co-hosted the second B3 Leadership Summit with OCA-Asian Pacific American Advocates at the Chinese Community Center. B3: Build, Breakthrough, Believe, is a professional and leadership program for aspiring Asian Pacific Americans. The session focused on cross-cultural barriers to achieving career success, with keynote speaker Daphne Kwok, current Vice President of Multicultural Markets at AARP.

##### **October 27: 45<sup>th</sup> Anniversary Celebration Banquet**

Despite chilling wind and rain, over 220 guests attended and joined in celebrating another successful year for ACA. The evening included special cultural performances of song and dance, as well as speeches of recognition of ACA's outstanding work in the previous year. ACA was honored to receive a plaque from the city of Madison Heights, delivered by Mayor Hartwell, for its excellent services to the community.

##### **November 9: MCN Tobacco Reduction Annual Summit**

On Nov. 9, ACA participated in the MCN Tobacco Reduction Annual Summit as a member of the Michigan Multicultural Network and representative of the Asian American community. Community Health Program Manager Kaikai Chen presented on ACA's tobacco-related work.

##### **November 14: 7<sup>th</sup> Chinese Cuisine Cooking Contest**

ACA and the Confucius Institute at Wayne State University (CI-WSU) held the 7<sup>th</sup> Chinese Cuisine Cooking contest at Central Alliance Church in Detroit. The CI-WSU team won first place, the ACA team placed second,



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the Westland senior apartment placed third, and the Schoolcraft Community College team placed fourth.

### **November 18: Volunteer Appreciation Banquet**

On Nov. 18th, 100 people gathered at the Chinese Community Center for the annual Volunteer Appreciation Banquet, where ACA formally expressed gratitude to everyone who had volunteered with the organization over the last year. There was a banquet feast as well as an award presentation period. Five volunteers were presented with the President's Volunteer Service Award.

### **December 2: Noel Night at the Hannan House**

Along with other non-profits located at the Hannan House, ACA participated in Midtown Detroit's 45th annual Noel Night by setting up a Chinese calligraphy booth and passing out custom-designed bookmarks to event-goers. Sue Sung and Xiangbo Meng volunteered at the booth and passed out many bookmarks and Christmas gifts to visitors.

### **December 3: High School Achievement Award Banquet**

ACA held its 34th annual High School Achievement Award Banquet at the Chinese Community Center, celebrating the achievements of 42 outstanding Asian American high school seniors. Nine students were awarded scholarships by ACA, and the Detroit Chinese Engineer Association awarded 6 scholarships. Keynote speaker NBC Asian America journalist and U-M Asian Pacific American Studies lecturer Frances Kai-Hwa Wang delivered a special message about embracing one's roots in the APA community, knowing one's family background, and striving for success.

### **December 9: APA-Y**

Sponsored by OCA-National, ACA hosted the APA-Y program for the Detroit area on Dec. 9th. Twenty-two middle and high school students participated in the training event, where they learned leadership skills and discussed Asian Pacific American history and identity.

### **December 11: New Medicare Card and Home Injury Control Workshop**

Eleana Loy led a senior health workshop in Clinton Township entitled "New Medicare Card and Home Injury Control." Nineteen seniors participated and learned about healthy living and navigating the healthcare system.

## **2018**

### **January 14: Cultural Walk at Detroit's Redford Branch Library**

ACA volunteers set up a booth for the Cultural Walk at Detroit's Redford Branch Library. On display was an array of information about traditional Chinese culture, including Beijing Opera and face masks, the four legendary beauties and heroic women, the four treasures of calligraphy, Chinese fans and knots, red



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envelopes, and the animals of the 12-year cycle. Library-goers also got the chance to learn some basic Chinese, do Chinese paper-cutting crafts, and try fortune cookies and almond cookies.

### **January 28: ACA helped organized Chinese New Year Flash Performance**

Along with CAGD and other groups, ACA helped organize the Five Continents Chinese New Year Flash Performance, which was held at Somerset Mall in the afternoon and drew several hundred spectators. Many local choir groups, dance groups, and Chinese organizations performed. ACA's senior qipao group also participated in the performance.

### **February 15: Detroit Center Lunar New Year Open House**

ACA's Detroit office welcomed in a crowd of visitors to celebrate the New Year. The event offered cultural displays, dumpling making, a calligraphy bookmark booth, a broadcast of the Spring Festival Show from China, free health screening by Wayne State Medical School students, and a catered Chinese buffet lunch. ACA President Roland Hwang and Executive Director Joyce Li also offered remarks. In addition, FBI Community Outreach Specialist Rhonda Kennedy and APIA-Vote representatives attended and informed seniors about their community activities.

### **February 16: Canton Center New Year Party**

ACA's Canton Center opened to the public, both Chinese and non-Chinese friends alike, to offer a New Year Party with food, cultural displays, calligraphy, and a viewing of the Spring Festival TV broadcast. Many regular center attendees participated and helped making food. The event was a success in bringing community members from different backgrounds together. Roland Hwang, Joyce Li, and Community Health Manager Kaikai Chen offered remarks at the event.

### **February 17: Annual Lunar New Year Banquet – Golden Harvest Restaurant**

On Saturday evening, February 17, upwards of 300 guests attended ACA's annual New Year's celebration and fundraising event. The evening included networking, opening remarks from President Roland Hwang, silent auction and raffle prizes, a traditional 10-course Chinese meal, and a choir performance. In addition, many VIP guests attended the event.

### **February 22: Quarterly Health Workshop - presentation luncheon**

On Feb 22, 18 people attended at Wing Wah Restaurant for the celebration of Lunar Year and had lunch together and ordered some Chinese dishes. The content of the presentation included the new Medicare card, how the new MI Marketplace Option is going to affect seniors and different services that can benefit seniors 60+ provided by Macomb Community Action.

### **February 24: Lantern Festival – Chinese Community Center**

ACA held its annual Lunar New Year Lantern Festival at the Chinese Community Center in Madison Heights on Saturday, Feb. 24 from 11 AM to 3 PM. The event attracted crowds of people who flooded the center to



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enjoy Chinese snacks and food, cultural activities, and traditional performances. The festival brought to Michigan an authentic flavor of the New Year from China.

### **March 27: Detroit Center Health Screening and Workshop**

ACA's Detroit center organized a health screening and workshop event at its office from around 10:30 a.m. to 1:00 p.m. The event attracted around 20-30 participants, both regular attendees and seniors from Westland and outer suburbs. Lunch, ESL class, health screenings by WSU Medical School student volunteers, and a workshop lecture on fraud prevention by Kaikai Chen were all offered.

### **April 7: Ceramic Lecture Series Pt. I: Ming Dynasty Porcelain**

ACA held a lecture event from 1:30 p.m. to 3:30 p.m. at the Chinese Community Center with featured speaker Professor Jianxin Jiang of the Jingdezhen Institute of Archaeology in China giving the lecture: "Study and Appreciation of Official Kiln Porcelain of the Ming Dynasty." The event attracted over 100 guests, including local art enthusiasts, collectors, and representatives of local museums. In addition, ACA cooperated with the Confucius Institute at the University of Michigan to hold the lecture at U-M on April 4<sup>th</sup>.

### **April 12: Detroit Center Health Workshop**

Kaikai Chen gave a 1-hour presentation at 11 A.M. on "Safety Living" at the Detroit Service Center. The event attracted senior citizens who learned about maintaining a safe environment at home and behaviors to encourage safety. Lunch was served after.

### **April 21: Ceramic Lecture Series Pt. II: The Art of Chinese Folk Pottery**

Marie Woo, ceramic artist and historian, gave a presentation on Chinese Folk Pottery to over 70 attendees at the Chinese Community Center. The event also included an educational video and a display and auction of Ms. Woo's personal collection of historical artifacts. The Michigan Asian Art Society sponsored the event.

### **April 21: Comcast Cares Day 2018**

Throughout Saturday morning, ACA volunteer groups met and worked at sites in Plymouth and Sterling Heights to pack food as volunteers for the Kids Against Hunger Coalition. ACA had a large cohort of varied-age participants. This was the 7<sup>th</sup> year ACA participated in this service opportunity.

### **May 13-15: Ohio Mother's Day Spring Outing**

Staff members David Liou and Kaikai Chen led a group of over 50 seniors on a 3-day, 2-night trip to Ohio. The group explored the regions around Cleveland and Columbus, visiting city and country, and stopped at Lake Erie beaches, The Wilds Zoo, Hocking Hills State Park, went on a World War II submarine tour, visited a winery, caves, and much more.

### **May 20: Chinese Abstract Art Exhibit**





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With cooperation from the China Abstract Art Promotion Salon, Liu Xinyuan Foundation of Asian Art, and Curator Ma Yiyang, ACA held the second showing of the China Abstract Art Exhibition at the Grosse Pointe War Memorial on May 20, 2018 from 12:30 P.M. to 6:00 P.M. The event featured over 20 pieces of art spanning the last century. The opening ceremony featured a violin performance by Hai Xin Wu of the Detroit Symphony Orchestra and a vocal opera performance by Professor Jinsheng Zhang of Wayne State University.

### **May 26: Madison Heights Memorial Day Parade**

A group of ACA members young and old marched in the Memorial Day Weekend Parade on Saturday, May 26 in Madison Heights. ACA President Roland Hwang, former board member Sue Sung, and Health Program Manager Kaikai Chen were on hand, as well as drummers from the Cantonese Music Group. The parade route went down John R. and ended at City Hall where a ceremony was held.

### **June 10: Comcast Digital Inclusion Graduation**

On Sunday, June 10, 2018, 14 middle & high school students graduated from the Comcast Digital Inclusion Program, held at the Chinese Community Center. The program runs throughout the school year and it is our 6th year and 8th graduating class. Throughout the program, the students were educated in digital literacy and responsibility, entrepreneurship, and financial literacy. Students also each received a new Lenovo laptop as a reward for graduating and completing 50 hours of community service.

### **June 12: Macomb Senior Fun Fest**

On June 12, at least 300 people attended the Fun Festival. ACA sent a group of seniors, including the ACA choir who performed songs at the event. The senior group participated in the many activities, including: browsing the event info booths, collecting balloons and goodies, and dance activities.

### **June 16: Detroit Chinese School**

ACA volunteers and staff participated as a vendor organization with cultural display tables at the American Chinese School of Greater Detroit's annual China Day at Derby Middle School in Birmingham. At the event, ACA also fundraised for its Chinese Community Center Capital Campaign and passed out health information about the dangers of smoking, tobacco, and hookah as part of its tobacco prevention outreach activities.

### **June 21: Summer Camp Counselor Training**

An all-morning training session for ACA Canton Summer Camp counselors was held at FlexTech High School in Novi. Andrew Lo, an OCA National staff member, flew in from DC to help with the training. This training is another kind of APIA-Y training but is designed especially for our Summer Camp Counselors.

### **June 27: ACA Detroit – Health Workshop: Understanding Benefits and Assistance**

At 11 A.M. on Wednesday, June 27, Health Programs Manager Kaikai Chen led a one-hour workshop session to Chinese-speaking seniors on the topic of understanding medical benefits and assistance. Approximately



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10-15 seniors attended, many from the Westland Senior Apartments.

### **June 29: Presentation for Seniors at Canton Center**

Mr. Yin Changsong brought the lecture, "The New Era of Cooperation and Development" to the senior group. It presented China's development direction and prospects - cooperation and exchanges with countries around the world. About 27 seniors attended.

### **July 16-August 3: Canton-Plymouth Cultural Education Camps**

This 3-week cultural education camp provides children in the metro Detroit area a quality, multi-cultural summertime education experience. Under management of Director Chris Quiambao and ED Joyce Li, around 80 children participated this year. Through games, classes, hands on activities, presentations by special guests, and field trips, campers practiced Chinese calligraphy, made dumplings, learned cultural dances, did kung fu and taekwondo, learned Mandarin, and were exposed to a wealth of Chinese culture. The camp was supported by many volunteers and high school and youth counselors.

### **July 20: ACA Canton Center Health Presentation**

Dr. Tang gave a presentation about elderly dementia. Her workshop focused on giving seniors a better understanding of disease types, causes, symptoms, and good nutritious supplements for prevention and control.

### **July 21: Canton Family Fun Day – Heritage Park, Canton**

Despite rainy weather, the 4<sup>th</sup> annual Canton Family Fun Day was a huge success. Hundreds of people gathered to have fun as a community and taste a variety of Chinese food at the food bazaar. The event also included games, info booths, and performances and activities. Special guests were Canton officials: Dian Slavens, Canton Treasurer; Mark Slavens, Wayne County Judge; Kate Borninski, Plymouth Canton School Board President; and MI Senator and gubernatorial candidate Patrick Colbeck.

### **August 2: Detroit Center Health Workshop**

Health Programs Manager Kaikai Chen gave a presentation to 10-15 seniors at the Detroit Service Center. The lecture topic was "Understanding Medicare and Medicaid Dual Eligible Benefits and Option." Afterwards, seniors stayed to enjoy the Chinese Hot Lunch provided.

### **August: Women's ESL and Computer Courses through Stop Grant**

At the CCC, a twelve-week program of ESL (began August 2) and Computer Skills (began Aug. 7) started for empowerment of women and specially targeted victims of domestic violence.

### **September 8: Townhall Meeting – Tobacco Use and Safety in the Asian American Community**

On September 8, 2018, the ACA hosted a town hall meeting at the Madison Heights Chinese Community Center concerning tobacco use and safety. During the meeting, findings from the Michigan Department of Health and Human Services and multiple local organizations Tobacco Usage Survey were discussed, as well as



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questions centered on the topic of fighting against tobacco for the health and future of the community.

### **September 15: Healthy Gardening Fair**

**Summary:** Outdoor community fair at the Chinese Community Center in Madison Heights with info booths, vendors, and health-promoting activities.

**Goal:** Improve community health by providing easy access and education about health living.

**How to achieve:** Responsible staff members coordinate to recruit vendors, promote event through online media and flyers prepare the site for the event, etc.

### **September 22: B3 Leadership Summit**

ACA and the OCA National will be co-hosting the B3 Leadership Summit on Saturday, September 22<sup>nd</sup> from 12pm to 4pm at Oakland University. B3: Build, Breakthrough, & Believe is a professional and leadership development program for aspiring Asian Pacific American professionals. The format of the workshop includes an inspirational presentation with two thought-starters, a panel with four speakers and a moderator, and guided group discussions followed by a question and answer session by members of the audience. Admission is free, lunch will be served, limited seating, advance registration is mandatory.

### **September 29-October 6: ACA Caribbean Cruise**

For this year's fall outing, we will be going on an 8-day 7-night Eastern Caribbean cruise.

The ship will depart from Miami and make one day stops at the Dominican Republic, US Virgin Islands, Puerto Rico, and the Turks & Caicos Island along with two days at sea.

Registration fee is \$1,999. Fees include Round-trip airline tickets, all transportation, all onboard services, and all onshore activities.

### **September 9, 2018- April 30, 2019: Medical ESL**

**Summary:** Beginning in September, kick-off new grant funded (CFSEM) ESL program to teach seniors and the wider Asian American population simple and practical medical English.

**Goal:** Decrease the health-disparity in the Asian American population by improving the everyday English abilities of seniors and those with limited English proficiency, enabling them to have better access and use of health care.

**How to achieve:** Develop our own curriculum and design lessons; recruit and train teachers; promote in community to recruit students.



*Thank you* for supporting us!

We look forward to seeing you at our coming events as we come together for a greater year with a great cause.