



Association of Chinese Americans, Inc.

Detroit Chapter of the OCA-Asian Pacific American Advocates

Press Release

Chinese Community Center
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Madison Heights, MI 48071
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8/29/2021

Healthy Gardening Fair and Night Market Held on August 28

Madison Heights, MI (August 28, 2021) – Exhibitors, vendors, partners and supporters collectively made Association of Chinese Americans’ (ACA) 2021 Health Gardening Fair a success. The event was held on Saturday, August 28th from 5pm to 9pm at Chinese Community Center (CCC) in Madison Heights. A special Caregiver’s Retreat was held prior to the event from 2 pm to 5 pm for those individuals that have participated in our past caregiver activities.

The first week of the month, August 1st thru 7th, is Farmers Market Week and ACA is holding the Healthy Gardening Fair to celebrate and thank the farmers and the Community. It is an annual “Homegrown, Homemade” themed event with a special focus on Healthy Living! This year, the fair was a two-part event with a Farmer’s Market followed by a Night Market and includes: Home Garden Product Sharing; Health & Nutrition Workshops; Information Booths; Craft Booths; Food and Drink Booths; local Farmers; and more.

The event was kicked off with greetings from ACA President Shenlin Chen and Madison Heights City Mayor Roslyn Grafstein. Four presentations were followed to share information and activities related to health: EMU Center for Health Disparities Innovations and Studies (CHDIS) gave presentation titled “Healthy Eating and Diabetes” by Dr. Tsu-yin Wu, healthy workout by Vivian Li, healthy cooking demo by Jason Liang; Henry Ford Cancer Institute gave presentation titled “Cancer Screening & Prevention” by Andrea Matsumoto; CCC Home Garden gave presentation titled “Home Garden Care” by Mr. Chue Horn; Asian Food Culture Showcase cooking demo by Mr. Tairong Lei.

We are also grateful for sponsor AT&T ACCESS and support of Community:

APAMSA of WSU School of Medicine (Health Screening) | Henry Ford Cancer Institute | EMU Center for Health Disparities Innovations and Studies (CHDIS)

Chinese Community Center Home Garden (Produce) | Chinese Community Center Library (Book Drive) | Chinese Community Center (Chinese Cuisine, Arts & Crafts, Gift Baskets)

“20 Americans” Live Painters | AAA Michigan Bugg & Associates | ElleNess AG | Karen Lim’s Qipao & Dance Dress Corner | Kit Chen Thai | Lilisys | Seductive Curvez | New York Life Insurance Company | Noodletopia 余面斋 | Northern Shop 北方小铺 | Oakland Tea House |



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Paparazzi Accessories | Rui | Sugar Rush LLC (Ice Cream Truck) | Tieg Farm

We hope to continue our collaboration with farmers and Community to celebrate Farmers Market Week. We invite you to learn more and stay connected with us on www.acadetroit.org and our social media sites. Share with your friends and family! Find us on Facebook and become a fan.